

SUNWAYIAN

The Sunway Campus Magazine

Issue 01 | Jan-Feb 2023

THIS IS MY
SUNWAY LIFE

ECHO EATS

“DID YOU KNOW?”
SERIES
CNY SPECIAL
FORTUNE ADVICES

STORY HIGHLIGHT

ACHIEVING THE SDGs TOGETHER

#1 NON-GLU* PRIVATE
UNIVERSITY IN MALAYSIA

TIMES HIGHER EDUCATION
WORLD UNIVERSITY RANKINGS 2023

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& KIMURA

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Please recycle!

BE ONE OF OUR
CONTRIBUTORSStudent contributors are
ALWAYS welcomed 🍌Email us at pr@sunway.edu.myWELCOME TO THE
NEW SUNWAYIAN MAGAZINE

A new magazine for a new year and
it all revolves around YOU.

By taking action, people can make a difference and implement positive changes. That's how it all started with the launch of the new Sunwayian campus magazine as the time had come for a new outlook and a fresh take on campus life for 2023.

As staff, student, alumni and friends, you know well that we're a growing ambitious community of doers, strivers and achievers who are determined to try their best at all times. You all have a story to tell and this new platform – and its visual representation, creates a framework for you to share your story. It is an expression of who we are and brings a powerful and dynamic look and feel to everything we do.

In this issue, you'll enjoy stories ranging from the remarkable achievement of Sunway University being recognised as the No. 1 non-government linked university (GLU) private university in Malaysia, through to popular short stories and a collection of successes we've put together to celebrate 2022.

Plus highlighting the unique Sunway spirit of giving back to society and leaving no one behind. Celebrating all those dynamic Campus With A Conscience ambassadors, all the way through to a story of a group of hungry Sunway students touring the heart of KL for wonderful pastries. Food and a Sunwayian are never separated for too long.

You'll also see some brain-breakers content such as Do's and Don'ts for the Lunar New Year, Lunar New Year fortune advice and the Sunway STARS horoscope reading for you to take a break from the hustle & bustle of Sunway City Campus Life.

This is your campus, your magazine and we want to share your stories, your challenges, your achievements, your thoughts and your views. We also want to showcase your talents, your photographs, your poems and your wishes.

Equally as a Campus With A Conscience, we want to hear from Sunwayians who are positively contributing towards a better society, giving back to the community and proactively making changes towards promoting sustainability and encouraging planetary health awareness.

As an all-inclusive community, we want to share stories from all corners of the campus, whether you're a changemaker, club and society, aspiring writer, budding photographer, influencer or simply enthusiastic about life, the new Sunwayian magazine is your voice and your chance to shout out to the world. Well... the campus at least for starters.

So, make sure the next issue you read, you are in it.

Can't wait to hear from you all.

▲ From one Sunwayian to another

2022 at a glance

JANUARY

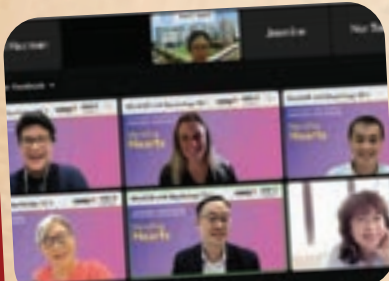


Sunway University partnered with Toy Eight – A Japanese Edutech startup to build AI assessment tools



Professor Matthew Marshall joined Sunway University as the Dean of the School of Arts

FEBRUARY



WhatSUP with Psychology '22: The Science of Feelings
A series of virtual forums about emotions, relationships and growing up held in conjunction with Psychology Month 2022 by the Department of Psychology in collaboration with Sunway University Press



Sunway College partners with Carl Duisberg Centren to offer German University Preparatory Course for students who wish to study at a German university

MARCH



Cambridge A-Level students triumphed in the British Biology Olympiad 2022



Campus With A Conscience embraced the spirit of giving with Ramadan Community Activation from the Sunway University Young Chefs Club, School of Hospitality and Service Management



Canadian International Matriculation Programme alumnus Ishant Shah received offer of admission to the Harvard College Class of 2026

APRIL

Dr Norshahirah binti Mohamad Saidi was selected as one of the 600 most qualified scientists to participate in the 71st Lindau Nobel Laureate Meeting (Chemistry) as a nominee of the Global Young Academy

JUNE



MAY



Commemorative Tree Planting that Celebrates 15 years of the Sunway University – Lancaster University Partnership



Lancaster University won the inaugural UK-Malaysia Education Institutional Partnership Award 2022, for partnering with Sunway University in establishing the Future Cities Research Institute



JULY



Sun U Convocation Class of July 2022

Return of the physical Jeffrey Cheah Distinguished Speakers Series since the pandemic, featuring Professor Andy Schofield, Vice-Chancellor of Lancaster University

AUGUST



SUN4U Radio Rings on Sunway Campus

Sunway College Ipoh launches QS 5-star rated Bachelor of Actuarial Studies programme



Sunway finished in third for Sukan Institusi Pengajian Tinggi (SUKIPT) 2022 winning 44 medals in total

SEPTEMBER

Campus With A Conscience: Local Action for Global Goals 2022

Corporate leaders, together with non-governmental organisations, influencers and over 20,000 students from all across the Klang Valley gathered at Sunway University, Sunway City, for a five-day festival of events and activities in support of the United Nations Sustainable Development Goals



Look out for recycle bins around campus where you can drop off your unused clothes, shoes and electronic items

NOVEMBER



Professor Lim Weng Marc and Professor Raja Affendi Raja Ali joined Sunway University as the new dean of Sunway Business School and the new dean of the School of Medical and Life Sciences respectively



23rd ASLI Education Summit 2022, Accelerating Education Reform through Collective Experiences

Professor Dato' Dr. Elizabeth Lee Honoured with Dato'ship

Le Cordon Bleu in partnership with Sunway Education Group celebrated 10 years of culinary excellence



OCTOBER

DECEMBER



Student LIFE Alumni team hosted 'A Legacy of Giving' to appreciate alumni for their contributions back to the Sunway Community

Sunway TES in partnership with ACCA Malaysia held the "Sunway TES – ACCA Global Virtual Audit Simulation Dec 2022"

ACHIEVING THE SDGs TOGETHER



Who and what is 'civil society'?

"Civil society is a very big category. In a way, it's all the rest."



It includes all of the following:

- religious institutions and congregations
- universities
- non-governmental organisations (NGO)
- community organisations
- and each of us as citizens, consumers, potential activists

Civil Society, Government and the SDGs



The role of civil society is to hold the government accountable

How civil society can ensure that the government is accountable?

Through **SDG metrics, data and indicators**. Those information can be used for **quantification, benchmarking, comparison, identification of best practices, backcasting**, to assess how the government is doing in terms of achieving the SDG goals in the year 2030, or the Paris Climate Agreement in the year 2050.



Investment Activism

When shareholders use their power as shareholders to put forward **propositions to the management** of the companies on how the company should change their behavior

Case Study

ExxonMobil

In the case of Exxon Mobil, some shareholders put forward a **shareholder resolution** that called on the Exxon Mobil managers to report on how climate change and climate change policies would affect the situation of Exxon Mobil

However, the Exxon Mobil managers didn't want to do that, saying that they were managing the company just fine.



Case Study

Due to this, the huge money management firm, **Blackrock**, which invests a massive amounts of pension fund money into the corporate sector **decided to vote for the climate action** in the shareholder resolution.



In the end of the day, despite the opposition of Exxon Mobil's management, **62% of Exxon shareholders voted for the climate resolution**.

Case Study

The Role of Civil Society in Pursuing Legal Reform



The Tobacco Industry



Many individuals suffering from lung cancer and other cancers, have sued the tobacco industry.



The tobacco industry responded in defense that it could not be proved that the particular plaintiff's lung cancer was caused by cigarettes because people get lung cancer even if they are nonsmokers.



But the courts have said that the statistical evidence is sufficiently strong that the tobacco use raises the likelihood of cancer so much that even though an individual case cannot be proved a irrevocably and, with certainty to be caused by smoking, just the statistical association is enough to find culpability of the tobacco company.

Watch the videos from the SDG Academy online course: "**How to Achieve the Sustainable Development Goals**", first launched in 2018 and taught entirely by Professor Jeffrey Sachs, Tan Sri Jeffrey Cheah Distinguished Honorary Professor and Director of the Jeffrey Sachs Center on Sustainable Development at Sunway University here:



Content selection, visual design and educationally oriented by Sunway staff, Subattra Kanesan, Aisyah Badrul Azmi, Angie Liew and Kong Phui Yi



SUSTAINABLE DEVELOPMENT GOALS





SUNWAY UNIVERSITY RANKED #1 NON-GOVERNMENT LINKED UNIVERSITY PRIVATE UNIVERSITY IN MALAYSIA



The Times Higher Education (THE) World University Rankings 2023 brings Sunway University to the 801-1000 ranking, being the No.1 non-government linked university (GLU) private university in Malaysia and ranked as one of Malaysia's Top 10 universities.

The University was also ranked in Business & Management at #301 – 400; and Physical Sciences at #601 – 800. THE World University Rankings is the largest and most diverse university rankings.

The table is calibrated carefully with 13 performance indicators that measure an institution's performance across four areas: teaching, research, knowledge transfer and international outlook. The compiled data produce

these rankings that are trusted by governments and universities, which are a vital source for students when they are making decisions about where to study.

In addition, Sunway University is also the top-ranked private university in Malaysia for THE Impact Rankings 2021 and 2022. THE Impact Rankings recognise universities worldwide for their social and economic impact based on the United Nations Sustainable Development Goals.

AWARDS & ACHIEVEMENTS

#1 Sunway Business School Earns AACSB Business Accreditation

The first non-government linked private Malaysia University, Sunway Business School successfully acquired business accreditation from the Association to Advance Collegiate School of Business (AACSB), also known as AACSB International.

AACSB accreditation is the gold standard for business schools as less than 6% of business schools worldwide have been accredited by AACSB.

Students studying at Sunway Business School can expect to experience top-notch undergraduate and postgraduate programmes accredited by AACSB and delivered by a credentialed faculty who is respected for being the go-to expert across disciplines such as accounting, business analytics, entrepreneurship, finance, global supply chain, international business, management, and marketing.



#2 Sunway University – The Official Asia Headquarters of the United Nations Sustainable Development Solutions Network (UN SDSN)

The UN SDSN proudly launched the newest Secretariat office in Sunway University, Malaysia, which will serve as SDSN's Asia Headquarters, one of only three such global centers, alongside Paris and New York City.



Speakers at the launch included world-renowned economist Professor Jeffrey Sachs, President of SDSN and Tan Sri Jeffrey Cheah Distinguished Honorary Professor, Sunway University; Tan Sri Dato' Seri Dr. Jeffrey Cheah AO, SDSN Global Leadership Council member and Chair of SDSN Malaysia; Professor Armida Salsiah Alisjahbana, the Executive Secretary-General of the United Nations Economic and Social Commission for Asia and the Pacific; and former UN Secretary General Ban Ki-moon.

#3 Sunway University Continues to Rise in the QS World University Rankings

Sunway University has emerged within the #601 – 650 band and ranked among the top 150 young universities worldwide in the QS World University Rankings 2023.

The QS World University Rankings 2022 by subject has also named the University one of the world's top universities for Hospitality and Leisure Management (#101 – 150) and Business and Management Studies (#451 – 500).



One (Wo)man's Trash, is Another (Wo)man's *Treasure*

All the upcycled work are uniquely done by Maslisa Zainuddin (Lisa). They are one-of-a-kind and they come with flaws and imperfections which give them character. Each functional object she creates becomes a vessel that holds a narrative. They are conversational pieces; once spoken about will inevitably start a dialogue. It is hoped that these dialogues will revolve around not only it's origins and it's appeal, rather, treacle and bring about curiosity of what once was, and what could very well be.



“Through my work, I look forward to showcasing the potential that lies within everyday objects that may often be overlooked. This is how I aim to visualise possibilities beyond what is expected, with a sprinkling of wonder and a dash of whimsy.”

Maslisa Zainuddin
Head - Department of Art, Design and Media
School of Arts, Sunway University



Lisa with participants at one of her upcycling workshops, turning unwanted objects into functional objects.

Lisa's weekday abode; her office at School of Arts, filled with plants in upcycled containers as pots



Faux marble tray repurposed from an old book



Table lamp repurposed from old ceramicware



Shoulder bag repurposed from a vintage obi belt



Table runner repurposed from an old curtain

Students' Digital Art Showcase



SARAWAK

Sarawak, a place filled with natural stunning sceneries, from the mountains to the sea, none of them disappoint the tourists. The natural assets Sarawak has have inspired me to create a brand that encourage people to be more appreciative to what the mother nature has given to us, aiming to increase the awareness of people regarding the importance of conserving and preserving the nature. I used geometric shapes to represent the nature elements to give the design of this brand a different impact. Where it not only maintains the stability of designs, but it also make the whole appearance look more balanced and modern at the same time as my primary target audience are aiming international and local tourists that has certain saving ready for their travel expenses, which age from 25-40 years old.

The geometric shapes indicate daring and bold image which matches the audience that I am targeting, people who love adventuring, exploring, and discovering. They are designed into shapes of leaf for the branding logo. The colours that are chosen for this brand is vibrant and represents the colour identity of Sarawak, teal and blue, where blue represents the skies, islands, teal represents the sea, red represents the floral and the warmth of Sabahans, green represents the forests. Also, with the combination of secondary colours, the mustard yellow that represents wildlife and white represents purity. The typeface maintained a clean and sleek look so that the brand will not look out of order or messy.

Also, as this brand is aimed to improve environmental problems we are encountering, I came up with chewing toothpaste and flasks, as the packaging of toothpaste and plastic bottles have added up tonnes of pollution to the environment. Then, the billboard posters are placed at busy cities to remind people getting close to the nature is the best way to heal worn out bodies.



CHAN JING NING



SRWK
Sarawak; more to discover

THE BEAUTIFUL CULTURE AND HISTORY OF THE INDIGENOUS PEOPLE OF SARAWAK

The idea is based off the harmony of the various ethnic groups that exist within the Sarawakian community, with an array of new, bright and vibrant visual elements to pique the interest of young adults to be more curious to discover more on the cultures and history Sarawak's indigenous tribes have to offer.

Each individual visual element holds its own symbolisation, in the logo it is a compilation of all the visual elements together with the logotype to show the cohesiveness and togetherness of all groups. The textile element is a homage to a major inspiration from textiles found in Sarawak and it containing visual elements and patterns found in the logo.

The circle represents the harmony and community of the various ethnic groups that coexist together. The flower is a popular motif found in Sarawakian textiles and represents beauty and elegance. On the pinwheel, each individual flap represents major ethnic groups in Sarawak, the Ibans, Orang Ulu, Melanau and Bidayuh. Lastly, the diamond represents the charm and sparkle of the culture each ethnic group has to offer.

I wanted to create an elegant, clean, straightforward and vibrant concept that is inclusive of all groups and as well as friendly to the eyes.



YAP YING HUI

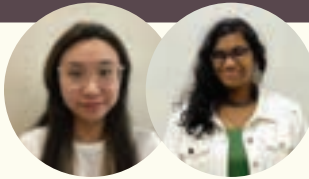




Artisanal Bakeries in Subang and KL

by Isabel and Poorani from Sunway Echo Media

Disclaimer: The content in this article is based on the writers' personal opinions.



1/ CROISSERIE ARTISAN BAKERY



Some claim that Croisserie Artisan Bakery serves up some of the best croissants in KL. This neighbourhood bakery is an underrated gem that has garnered a steady stream of loyal patrons that keep coming back for their consistently-delicious pastries, cakes and breads.

Located in Damansara Heights, it was first established in 2015 to bring

freshly baked goods into households. They use only the finest ingredients and practice the authentic baking technique called Respectus Panis. A wide variety of breads and pastries are baked in small batches daily, without the use of artificial improver and preservatives, to guarantee the freshness and quality of their products.

Some of the must try products besides their famed croissants include the pain au chocolat, quiches, canéles, various types of danishes and madeleines. Do check out their spring onions chicken tartine, a special combination of roasted chicken and spring onion on baguette – it's beyond imagination. The cakes come in big sizes which are ideal for a celebration, and in small sizes which are the perfect personal-size treat to accompany your hot coffee or tea.



With the modern contemporary interior, every corner of the shop is Instagram-worthy. O'coffee club, an international coffee chain is also linked directly to Croisserie, which means that customers can now order a coffee with their pastries.

2/ DOU DOU BAKE

Nestled in a quiet corner of Petaling Jaya, Dou Dou Bake offers home-baked sourdough breads, croissants, and other pastries, all fermented and baked without any shortcuts.

The bakery takes pride in their flaky and buttery sourdough croissants, made fresh daily. Other popular items include their kaffir lime drizzle loaf, portobello mushroom danish and chocolate tart made with their homemade chocolate sauce. Besides pastries, they also sell breakfast sets. We highly recommend trying their big breakfast, the texture of their runny scrambled eggs seasoned with a light sprinkle of sea salt add such a unique taste and all of the elements on the dish go hand-in-hand with the sourdough bread.

The roasted beans offer a noticeable smoothness and the varieties available lend truth to their motto of being a 'coffee temple'. The bakery interior is a raw expression of modern aesthetics and the ambience is calm despite the bustling flow of customers coming in and out.



3/ GOOD GROUND BAKERY



The sweet smell of fresh pastries and the calming scent of tea wafts through the air while light chatter spills through the small cracks of pleasant silence, making it perfect for one to fantasise their own romantic day with a cup of chamomile tea and a warm slice of banana loaf.

Along SS17/1A, one can find the traditional bakery filled with tarts, croissants, cakes, cookies and many more delectable baked goods to savour. Established back in 2019, the bakery has now grown into a cherished hideout for locals to dine-in and soak in the tranquillity it has to offer. Sarah Yeoh, the owner of the bakery is the mastermind behind the ever-changing menu of the bakery. Each baked product is crafted with love and care to wow the socks off of every customer.

They have a variety of croissants such as sausage onion, pistachio apricot, matcha raspberry and of course, chocolate. Some of their bestsellers are the banana loaf, which is one hundred percent a comfort pastry, their sea salt brownie, which is just divine and their chicken leek pie, a recent addition to their widely spread menu.

Along with sweet and savoury desserts, they have a wide range of drinks from freshly brewed coffee to aromatic tea to ease one's mind. For vegetarians, their mushroom quiche and pesto roast vege sandwich are a must try.



4/ LITTLEPEOPLE CO

Tucked in between concrete and factories, you will be astonished to find this cosy little coffee shop with wonderful bakes and brews.

While many bakeries prefer to stick to the traditional flavours for their baked goods, Littlepeople co takes it one step further by coming up with their own twists on freshly baked pastries. Be sure to try out their Burnt Butter Sourdough Chocolate Chunks Cookie with Maldon Sea Salt, where the chocolate melts the moment it's in your mouth or the Ham & Cheese croissant, which has crispy burnt cheese around it which adds flavour to the already buttery croissant. The menu may be concise, but the variations added create more joy to the taste buds!

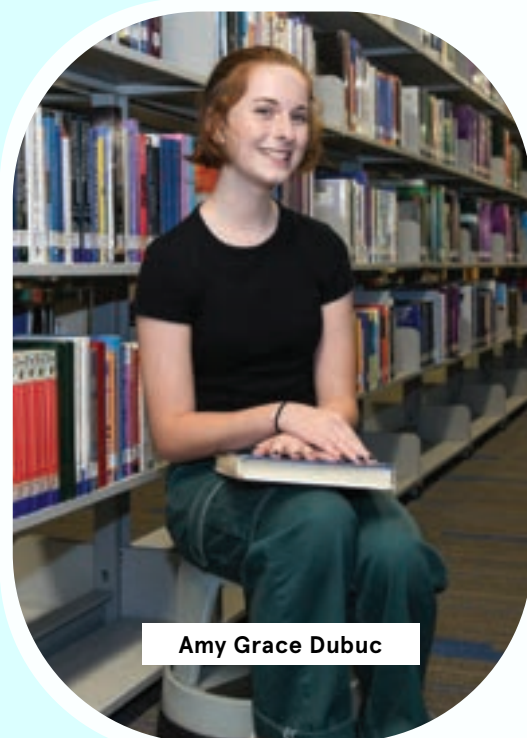


The coffee shop is also known for their brews. The coffee beans used vary from month-to-month, originating from different countries such as Cambodia and Brazil. The baristas are also enthusiastic and confident enough to help customers find the coffee that best satisfies their taste buds.

The ground floor of the coffee shop is filled with about 5 seating areas for pairs in little camping chairs. There is also a high table for a larger group of people and charging sockets for electronic devices available around the seating areas. The upper floor is an open space covered with a glass ceiling which allows customers to bask in the sunlight while enjoying the calm environment.



INTERNATIONAL STUDENTS AT SUNWAY UNIVERSITY



Amy Grace Dubuc

My name is Amy Dubuc. I'm an exchange student from Western Michigan University, United States. I'm currently working towards a degree in general biology and I hope to pursue a career in outdoors after graduation. In my free time, I love hiking, listening to music, and exploring new places to eat.

The atmosphere in Sunway University is always lively, and I love visiting all the booths and stalls in the foyer and college building. There always seem to be events going on, which have helped me befriend other students. The classes were easy to adapt throughout the semester, while the group projects and presentations helped get me out of my comfort zone. One of the main differences I noted was how involved the teachers are with our classes. They are always making sure their students have their questions answered even in a larger class.

The International Office has always been very helpful with my queries. In addition, the Centre of American Education office was constantly in contact with me so I never felt unsure about things that I had to do. I'm really grateful that University has helped me settle here easily during my stay.



Teru Kimura

My name is Teru Kimura, an exchange student from Tokyo University. While my major in Japan is Information Technology, I'm studying Business here at Sunway University.

I decided to study abroad at Malaysia mainly because I'm interested in the diversity here. Sunway University is known as one of the best universities in Malaysia, therefore I found it suitable for my studies. Since I arrived at Malaysia, I've experienced and learned a lot about Malaysia, particularly about its culture and business.

The International Office truly cares for their international students. During my stay here, I've not only consulted them on my studies, but also when I encounter some problems. I would like to extend my appreciation to all the helpful staff, for making my stay here very enjoyable and fulfilling.



**Adeoluwa Ayodele
Edungbola**

My name is Adeolu, I'm a second year marketing student from Lancaster University. I'm enthusiastic about learning and applying them to my creative hobbies and projects such as my podcast, blog and my music.

I knew that I wanted to study in Asia because I wanted a place filled with a contrasting culture to what I know. In addition, I wanted a location that would be sunny and warm too which was part of my preferences when applying to study abroad. I was assigned Malaysia and Sunway University based on these preferences and I couldn't be happier to be in such a vibrant environment.

My experience here has been eye-opening. It took time to adjust at first, the time difference and other things which are different to the UK. However, as I've settled in, I found Malaysia to be multi-faceted as well as unique and Sunway University to be a place of growth as I challenge myself to do my best.

Sunway University has put me in touch with a lot of other international students going through the same thing as me and I've made friends much easier as a result. The clubs and societies have also been a good source of engaging with others and building a lifestyle here in Malaysia for myself. The staff have been friendly extending an arm if I needed any help.



THIS IS MY *SUNWAY LIFE*



LEE JIA QI,
Sunway Innovation Labs (iLabs)

I'm in charge of managing and coordinating student programmes related to entrepreneurship and innovation. Other than my colleagues in iLabs, I also work very closely with our iLabs Foundry student associates, our own student body that assists us in organising our student programmes and events, as well as industry partners. My day-to-day involves planning and coordinating our entrepreneurship and innovation programmes. No two days are the same. Some days I'll be running around coordinating a physical event, and some days you'll see me out meeting with externals or with our students for an upcoming event/programme.

The fact is that the work I do empowers others, especially budding entrepreneurs, and helps connect people with common goals. It is always heartening to see meaningful connections being formed during our event/programme, and sometimes new opportunities being born out of that connection.

SURESHKUMAR PARAMASIVAM,
Student LIFE

As the Senior Sports Advisor from Student LIFE, I'm the person in charge of Sun Gym at Sunway University. I'm responsible to ensure that the gym is always in a good condition, well-equipped and safe for all our members that use it. I'm also responsible for assisting students with external tournaments for Team Sunway and preparing them for tournaments by providing coaching. The one thing that I'm immensely proud of working in Sunway, is being able to equip students with life values that could be extremely useful for their upcoming future endeavours. My most memorable event at Sunway is being able to coach Team Sunway and winning the Championship for three consecutive years.



RAJA AMIRUL RAJA ALI,
Sunway Business School

Being the Digital Media and Web Manager, I handle four main areas which include; website updates and maintenance, digital graphic design, social media updates, photography and videography for the Business school. Besides that, my daily responsibilities also include assisting Sunway University's website team to take photos of all the new academic staff for their staff profiles and to assist them with the University's Content Management System - content updates & Drupal maintenance. I'm very delighted to work at Sunway University because of the *Muhibbah* (respect and tolerance of each other's customs, traditions, way of life, religion and opinions) culture and environment.



SHEENA SUE KALAIYARASU,
Registry

My daily responsibilities revolve around call screening and transferring. Because of the nature of my job, I frequently deal with a wide range of caller issues, some of which are amusing and others of which can be at times, slightly emotionally draining.

I'm lucky to have a team that is always willing to help me when I need help. Over the past ten years of working for Sunway, I've learned a lot on how to handle situations with more understanding and patience in both my professional and personal lives. I'm proud to call myself a Sunwayian.



ALVIN ROY MEKER,
Facilities

My unit is responsible for Audio Visual (AV) operations on campus to assist daily teaching and learning activities, meetings & conferences, and both indoor & outdoor events. Our job is to ensure the smooth operation of AV Equipment on campus and to execute daily AV Requests by various departments and schools on the campus be they physical or hybrid.

One thing which I'm proud of at work is my amazing AV Team which is dedicated and works tirelessly. At times they have to come to work as early as 5AM and stay at work till midnight. Because of the nature of our job, partially based on events, most times my team had to manage concurrent events which can be challenging yet fulfilling, especially in very large campus spaces. Hats off to my team for carrying out their duties tirelessly.



The Domino Effect of *Giving*

by Celine Tan, Student LIFE



Zohrab Chong Aik Shuen

What makes a community? By definition, it is 'a group of people living in the same place or having a particular characteristic in common'. You could say it is the population, geographical location, beliefs and such. But what makes a community sustainable and strong? It is the people.

While the vision may begin with the leader, it is with the contribution of each person in the community that would make it a sustainable one. An ecosystem where people feel safe, inclusive, have a sense of belonging and contributes to the continuous growth of their own community.

An advocate for this cycle or circle of contributing is Zohrab Chong Aik Shuen, Sunway-Monash Twinning Programme alumnus. It was the year 1990 and Zohrab began his studies with Sunway College - when everything was fairly new. Zohrab wanted to pursue a double degree in Australia, and Sunway was the pioneer in partnering with a reputable university overseas.

HOW IT ALL BEGAN

As the programme was new and small, Zohrab only had two full time lecturers who made sure to drill their students well enough to get them to advance to Australia. He recalls his time with Mrs Lim Tiew Ming who just retired recently. She made learning fun, was always jovial and they created a bond through the Hokkien dialect. A mother figure to the students, Zohrab would still keep in touch and meet up with Mrs Lim at alumni gatherings and whenever he visited the campus.

The other person whom Zohrab connected well with was Ms Lee Siok Ping, currently the Director of Student LIFE, Sunway University. Zohrab was serving in the Student Council which enabled him to work closely with the Student Services Department (now known as Student LIFE). As the advisor of the Student Council, Ms Lee was often involved and provided valuable input on the events and activities the council was planning.

"THE HUMILITY AND WARMTH SHOWN BY MRS LIM AND MS LEE REALLY IMPACTED US"

As Zohrab progressed to Monash University, Australia, he founded the Sunway-Monash Programme student club. It was the first Sunway club to be registered and funded by the university itself. As students moved to Australia in their second year, they did not receive any orientations and had to find their way on their own. Hence the purpose of the club. They assisted by organising dedicated orientations for new Sunway-Monash students to help show them around for Asian groceries, food, transport, housing and books. Zohrab also served with the Monash University International Student Service where he met various people from the Chancellor to other international students.

It was through all these experiences and encounters that gave Zohrab the confidence, ability and capability which has transferred to today. This also influenced his spirit of giving back to society and nurturing the next generation.



"DEVELOPING PEOPLE FOR THE PEOPLE"

Zohrab began mentoring since his university days and has not stopped. In his previous career, he was first a mentee and then served as a mentor to young high potential talents in guiding them through their career. He was also leading the Young Managers Think Tank of the General Insurance Association for four years with the aim to promote and grow the careers of young managers.

Zohrab is also currently volunteering as a mentor under the Sunway Mentoring Programme, an initiative by the Alumni Relations team. The programme, which began in 2013 with only 9 pairs of mentors and mentees, connects Sunway students with experienced alumni to support the students' professional growth. Zohrab, who has been a mentor for three years, is now part of a cohort of 150 mentors in 2022.

Apart from guiding people and their careers, Zohrab has also served in his township residents' association since 2012. He took on various roles from committee member, Deputy President and President which focused on community well-being, security and harmony. Together with the association, he led the digital transformation journey to create awareness of the COVID-19 situation, a food bank initiative as well as a community garden space for the residents and more.



"WE WANTED TO KEEP THE TOWN AS A (COVID-19) GREEN ZONE AND WE ACHIEVED THAT!"

Deciding to move away from the corporate world, Zohrab founded an HR and People Development advisory company, Enablerz Consulting and Solution, in May 2019. Zohrab believes that human beings make the whole world work and to make the world a better place, we need people who are better so that each generation improves. Hence the birth of the company which focuses on corporate culture, performance management, learning, talent and succession management processes. The company also provides various trainings, coaching and mentoring services and acts as a one stop solution provider for their customers.

THE FUTURE GENERATION

At home, Zohrab is a proud father and mentor to his son, Zehan Chong Eng Ren, who is also a graduate from Sunway University under the BSc (Hons) in Actuarial Studies programme.

Mentoring his son, his juniors at his alma mater, and from various universities and corporate employees, Zohrab gets his satisfaction from seeing the people achieve their own success.



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FLYING IS EXPENSIVE.

Student on a budget. You've got to make every cent count. So that fancy life is not an option.

TRAVELLING ALONE SUCKS.

Maybe you can afford to travel. But your friends and loved ones can't tag along. Who is going to help you with pictures? A tripod?



PACKING IS A HASSLE.

Limited baggage allowance is a thing. You have to pick and choose what to bring. So, say goodbye to your fashion icon moment.



So, you've seen your friends' holidays on social media. The beaches, cityscapes and so much more. The FOMO is real! You can't help it; you've now got a case of wanderlust. If only you could explore the world like they do. That iconic shot in front of Big Ben in London. Or a thrilling theme park adventure in Japan. Learn a new culture. Tease your tastebuds. Step out of your comfort zone. After all, you only live once!

But we get it. Travelling isn't as easy when you're a student.

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JACKSON WANG

Credit: Nabil Elderkin

The world's first dance workshop by Jackson Wang, Vinh Nguyen, Zoker Muse is conducted at Sunway University, Malaysia! The workshop, hosted by Uncommon Dance Studio was a wonderful, inspiring and memorable experience for all Malaysian dancers. Jackson shared that he will continue organising dance workshops around the world for the love he has in dancing and the dance community worldwide.



Chinese New Year DO'S AND DON'TS

Lunar New Year 2023 falls on January 22, celebrating the Year of the Water Rabbit! Chinese people believe that as the Spring Festival is the start of a new year, what you do then will affect your luck in the coming year. Let us look at the Chinese New Year (CNY) traditions of do's and don'ts to start a great year.

1. SPRING CLEANING

Spring cleaning before CNY is said to remove accumulated bad luck and a clean house is ready to receive good fortune for the upcoming year.

2. RED ALL THE WAY

Red outfits, red lanterns and red decorations. The red colour symbolises luck and prosperity and is believed to draw away bad fortune. Once the new year arrives, new red outfits are worn to visit relatives and friends, and to exchange gifts and blessings.

3. EATING FOOD THAT BRINGS GOOD LUCK

Ever wonder about the hidden auspicious meaning behind the dishes you eat during the reunion dinner? Fish (鱼) is a must as it is seen as an 'extra' (余), symbolising abundance. Nian Gao (年糕), a glutinous rice cake that can be eaten steamed or fried, sounds similar to 'year high' - symbolising a year of high achievements and successes. Mandarin oranges (桔) are considered lucky as the word sounds like 'auspicious' in Chinese (吉).

4. STAYING UP LATE ON THE EVE OF CNY

(守岁) Shǒu suì is a CNY tradition where younger members of the family will stay awake throughout the night after reunion dinner as a blessing of longevity for the elderly.



1. DON'T SWEEP THE FLOORS

All cleaning should be done before the festivities to rid the house of all the bad energy and old misfortunes. Any cleaning during the course of CNY is said to be a taboo because you will be sweeping away all the wealth and good energy that has entered the house!

2. DON'T WEAR BLACK

Black clothes are hugely associated with mourning and death, hence we tend not to bring this colour into joyous celebrations like CNY.

3. DON'T EAT PORRIDGE

Eating porridge on the first day of CNY is believed to bring poverty to the rest of the year. Instead, start your year with Yee Sang (prosperity toss, a common ritual done on CNY to signify an auspicious start to the year).

4. DON'T CARRY OVER DEBT

Debts should be paid off before CNY because it is commonly believed that you will suffer from continuous debts for the rest of your life. It's also unlucky to collect money from your debtors during CNY. So, if you owe anyone money, be sure to return them before CNY as fast as you can!



Ushering in the 2023 Year of the Water Rabbit

With reference to AstroSage

Rat



The year of the Rabbit will bring luck and happiness to most life aspects of the Rats. Your career will be on the boom, and it will be a favourable time to explore your passion.



Ox

Professional life may go through some turbulence but by end of the year, things will fall back into place. You are advised to be cautious regarding your money this year as spending on unnecessary things will lead to financial troubles in the future.



Tiger

This year promises a year of prosperity, luck, and abundance for the Tigers. In professional life, the more people you meet, the more opportunities will come your way. Health-wise, you must be careful of the changing weather and consult a doctor even in case of minor illnesses.

Rabbit



2023 is the year of the Rabbit and promises favourable outcomes in most aspects of Rabbits' lives. Your career will be fulfilling as the stars are aligned in your favour. For health, you must refrain from going out on adventures as there are chances of injuries.

Dragon



The Dragon will incur twofold outcomes in the year of the Rabbit. Professionally, your hard work and dedication will help you in enhancing your career. Your efforts will be acknowledged and rewarded by your boss.

Snake



2023 will be a year full of positive changes! The things you've worked hard for finally will start to pay off. Maintaining a good work-life balance is the way to make time for your beloved. You are advised not to neglect your health and seek medical guidance as and when needed.



Horse

The Horse can enjoy a rigorous life if they remain positive this year. Career-wise you might face difficulties initially, but eventually, things will start to fall back into place and you will see progress in your career.



Goat

In the year of the Rabbit, the Goat might have to face some difficulties, but these challenges will make you stronger than ever. Be ready for great things to happen, your hard work will be rewarded and your skills will add value to your career.



Monkey

The Monkey will enjoy a peaceful, blessed, and happy period. You are willing to make life-altering changes which will yield great results. Focus on achieving your goals and keep moving in the right direction; the victory will be yours.

Rooster



2023 is a year of ups and downs for the Rooster. When it comes to financial stability, it will only be achieved if you spend according to your budget. Do not over exceed expenses and save for the difficult days to come.

Dog



In the year of the Rabbit, the stars are aligned in favour of the Dog. You are good at managing your finances so a little turbulence in your financial life will not bother you this year. Health-wise you will need to pay heed or you might suffer from health issues.

Pig



Everything that the Pig has been waiting for will be theirs. Professionally, it will be a rewarding year as your hard work will finally start to pay off. Health-wise, you must avoid indulging in activities that cause stress and tension.

Sunway STARS



ARIES (21 MARCH – 19 APRIL)

The work you do today will get you well on your way. Put your ingenuity to work so that you can achieve your career goals. Who knows you might be a poster on the Avenue of Achievements one day.



GEMINI (21 MAY – 21 JUNE)

Take care of practical matters and maintain a healthy lifestyle. Take a walk to Sunway Pyramid via canopy walk to get your necessities, spend quality time with friends and grab your favourite boba tea!



LEO (23 JULY – 22 AUGUST)

It can't always be just study, study, study, sometimes it pays to take a look up from your book and seek out new friends too. There are over 90 nationalities on campus, so you have a chance to become a global citizen without even leaving home *la*.



LIBRA (23 SEPTEMBER – 23 OCTOBER)

You are working very hard, maybe it's time to enjoy some fun activities with your friends. If you are not sure where to go, then visit the Roof Top Terrace and take in the view, the clues are right in front of your eyes.



SAGITTARIUS (23 NOVEMBER – 21 DECEMBER)

You always try to help your friends, be the best version of yourself and support your family. You have a wonderful spirit and sense of giving. You are in the #CampusWithAConscience for a reason, it's because you belong here.



AQUARIUS (20 JANUARY – 18 FEBRUARY)

You will be going through a transition period and preparing for new beginnings. Remember to get good guidance from your mentors, remain attentive and work hard. Saturn may demand you to continue working hard for success in competitive exams, but we know you can do it. Sunway *BOLEH!*



PISCES (19 FEBRUARY – 20 MARCH)

Planetary transits will favour you to quite an extent and bring satisfaction to life. Just get that Sunway Lagoon annual passport whenever you see their booth at the Boulevard.

TAURUS (20 APRIL – 20 MAY)

To help you focus on your studies so that you can achieve better results and have more quality time for your family and friends, why not study in the tranquillity of the Brain Forest? There are some interesting characters there, you might make some new friends there too.

CANCER (22 JUNE – 22 JULY)

Excited to kickstart your internship journey? Then make sure you grab the opportunities and offers that are coming your way and seek out those helpful folks who can support your future. Sunway Career Services will be your go-to place to assist you with your career pathway on campus.

VIRGO (23 AUGUST – 22 SEPTEMBER)

For those pursuing a Lancaster University degree at Sunway University, seek out inspiration from the two Uni foyer Sun-Birds and look up to the skies. Your eyes will be full of gleaming red and blue engraved scrolls. It's only time before two of the scrolls have your name on them.

SCORPIO (24 OCTOBER – 22 NOVEMBER)

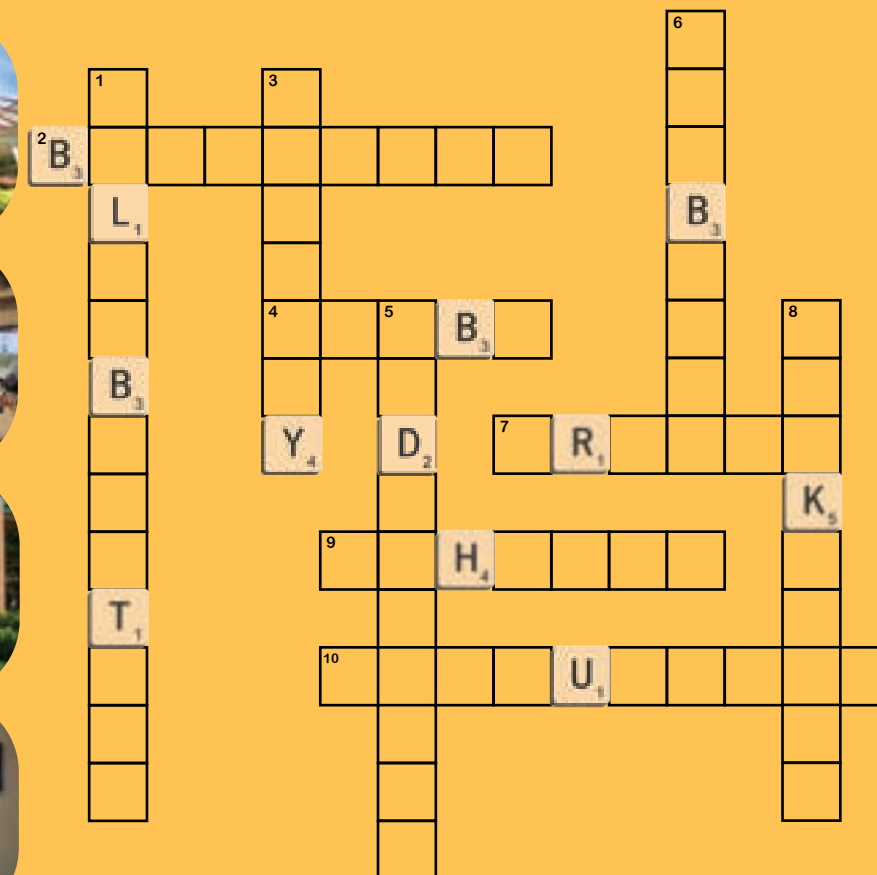
The dedication you are applying to your studies is a credit to you and your family would be so proud to see the level of your commitment. It will all be worth it as they know you are on a pathway to a brighter future.

CAPRICORN (22 DECEMBER – 19 JANUARY)

It can sometimes feel that you are the only one on campus working hard but in need of a positive distraction and something else exciting to do. With over 100 clubs and societies, there are so many new and exciting hobbies to learn or activities to be involved in and all are full of bright young people, just like you. It's not the #MostHappeningCampus for no reason you know.

S U N W A Y

C R O S S W O R D



ACROSS

2. Located at Sunway College Ground Floor featuring an array of food and drink stalls. It is also a popular venue for events.
4. This lab aims to foster entrepreneurship and stimulate market-driven innovations.
7. Cafeteria at Sunway University, offering wide range of delicious food.
9. A restaurant managed by the senior year students at Sunway University's School of Hospitality & Service Management.
10. A special ceremony for those who have successfully completed a course of study at college or university.

DOWN

1. The act of Sunway University and Sunway College working with local and international institutions to achieve a common goal.
3. An impressive entrance statement, standing at over 5 metres tall at the Sunway University Foyer.
5. This venue is mainly used to host very large classes, forums, events and many more.
6. Sunway's Iconic sculptures with each representing the partnership between Sunway University and Lancaster University.
8. Situated at the Sunway College cafeteria, this store offers a wide range of textbooks and stationery.

Scan here to obtain clues and answers from the Sunway Dictionary Pictionary





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