

INTERNATIONAL FRIENDSHIP DAY

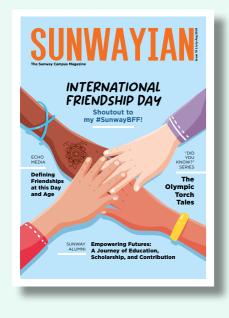
Shoutout to my #SunwayBFF!

ECHO MEDIA

Defining Friendships at this Day and Age "DID YOU KNOW?" SERIES

The Olympic Torch Tales

SUNWAY ALUMNI Empowering Futures: A Journey of Education, Scholarship, and Contribution



CONCEPT & DESIGN Branding & Corporate Communications

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Let's be friends:



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@sunwayuniversity
@SunwayU

SUNWAY COLLEGE A Brighter Future

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Please recycle!

BE ONE OF OUR CONTRIBUTORS

Student contributors are *ALWAYS* welcomed Email us at pr@sunway.edu.my



Hello Sunwayians! 🙂

Welcome to the latest issue of the Sunway campus magazine as we step into the vibrant second half of 2024, brimming with excitement at the #MostHappeningCampus.

With new intakes, examinations, and graduations marking our journey, we embrace both hellos and goodbyes in our vibrant community. Sunway is honoured to be part of your education journey, whether you are just beginning or reaching new milestones in your academic and personal growth.

Gracing our story highlight segment is "International Friendship Day: Shoutout to my #SunwayBFF!", where our fellow Sunwayians share their love and appreciation for their besties here at Sunway, in conjunction with International Friendship Day on 30 July 2024. Do not forget to treat your #SunwayBFF to a delicious meal or plan enjoyable activities to celebrate this memorable day together.

July and August are months filled with exciting celebrations and occasions. As we commemorate Malaysia's Independence Day in August, Malaysian Sunwayians can discover if they are truly anak Malaysia with the Sunway Examination Series - Merdeka edition. In the spirit of 2024 being a leap year, we also dive into the excitement of the Olympics! Explore the fascinating origins of the Olympic flame and relive some of the most memorable cauldron lightings. At Sunway, we take pride in various things as we are a community of achievers, innovators, and dreamers. Having the partnership between Victoria University and Sunway College standing strong for 30 years is a testament to our enduring collaborative spirit. We are thrilled to share this milestone with our readers as we continue to blaze new trails together.

Moreover, we are always proud of our exceptional students who have achieved numerous awards and accolades. Flip to the Avenue of Achievements page to explore their remarkable successes. Sunwayians are immensely proud and are always rooting for the continued success of our talented individuals.

Remember that every

accomplishment, big or small, contributes to the vibrant tapestry of our community's success. Keep striving, learning, and reaching for your dreams. Sunwayians are here to celebrate each milestone with you. As you continue on your journey, be part of the story that inspires people.

#CampusWithAConscious is in our spirits after all, so we are always striving to cultivate a community where every voice is valued, while emphasising our dedication to sustainability for a greener future.

Various exciting features await you within these pages, let's take off!

Sunway University Pioneering Change to Combat Plastic Pollution Sunway University has taken a proactive stance in the fight against plastic pollution with the launch of its Zero Plastic Hour campaign. The initiative, unveiled in honour of World Environment Day, signals the University's commitment to environmental sustainability. Joined by Sunway Campus F&B tenants and vendors, the campaign aims to raise awareness about the detrimental effects of single-use plastics on the environment, wildlife, and human health. Vendors have pledged to cease the use of single-use plastics, aligning with Sunway University's ongoing #CampusWithAConscience ambitions.

The Department of Accounting at Sunway Business School (SBS) recently hosted its annual Book Prize Award Ceremony, celebrating the exceptional achievements of BSc (Hons) Accounting and Finance students. Sponsored by Deloitte, BDO, Morison LC and MICPA, the event recognised students' academic excellence and provided valuable networking opportunities for all. A total of 22 Book Prize Awards were presented to outstanding students. The event concluded with a networking session, fostering connections between students and professionals.

In conjunction with Monash University Foundation Year's (MUFY) 25th anniversary, the inaugural MUFY Charity Fun Run 2024 was a resounding success, raising approximately RM16,000 for Development Nursery School, a learning centre for refugee children. The funds raised will be channelled towards ensuring these children receive the care needed for their physical and mental well-being, as well as having quality education for a brighter future.

SBS Honours Top Accounting Students at Book Prize Award Ceremony





MUFY Raises RM16.000 Through MUFY Charity Fun Run 2024



Gift of Warmth for the Light of Our Lives

Grade 2 students from SIS got creative for Mother's Day with beautifully handmade candles, decorated with pressed flowers, for every memory and cherished moments to come.

Victoria University 🖻 Sunway and Vietnam Aviation Academy 'Mind Map for Gen Z' Workshop Collaboration



Seeing the World Through a Different Lens

CAMPUS UPDATES

Kicking for a Noble Cause

It is always heartwarming when all forces come together to make a difference - and in this case teachers and students of Sunway International Schools (SIS) worked together to raise funds for the local refugee centre through an exhilarating and friendly football match.



Sunway TES Expands Accounting Education Excellence in Johor Bahru

World-class provider of Professional Accounting and Financial programmes in the region, Sunway TES Centre for Accountancy Excellence, is delighted to extend its reach to Johor Bahru with the soft launch of Sunway TES College Johor Bahru (JB). This expansion represents a significant milestone in Sunway TES' dedication to delivering top-tier education and fostering the growth of future accounting professionals nationwide.

CAMPUS UPDATES



Victoria University @ Sunway and Vietnam Aviation Academy worked together to organise the 'Mind Map for Gen Z' workshop on 26 April 2024. The workshop taught Tony Buzan's method of creating Mind Maps in seven steps. VU extends gratitude to Dr Nguyen Thi Nhu Diep and other lecturers for enriching the experience and fostering future collaboration.

Grade 8 students from SIS explored the wonders of the National Museum of Malaysia on a thrilling field trip. The enriching experience broadened students' horizons outside the classroom and it is just the first of many such opportunities to come.

Sunway University Partners with Universiti Brunei Darussalam

The School of Medical and Life Sciences (SMLS) at Sunway University has taken the lead in an impactful collaboration with Universiti Brunei Darussalam. This collaboration marks a significant milestone in fostering interdisciplinary innovation by leveraging both parties' collective expertise to explore new research opportunities, secure matching grants, and drive sustainable development initiatives.

DIANA

In celebration of International

Friendship Day on 30 July

seized the opportunity to

express their heartfelt love

and appreciation for their

Sunway besties.

2024, our fellow Sunwayians

INTERNATIONAL FRIENDSHIP DAY

Shoutout to my #SunwayBFF!



To my #SunwayBFF,

Vishaalini Kamalanathan (BSc Psychology), We come from completely different countries, continents, and even have different religions and skin colours, yet you have never made me feel like we are any different from each other. You welcomed me with open arms during foundation, and I knew from that very first moment you would become my best friend. You were my partner during SFPSC, and I couldn't have asked for a better companion. We've transitioned from there to being in university together. Even though we're in different courses, we still manage to meet up at least three times a week, which I cherish. I am truly appreciative, grateful, and thankful to have you by my side. As an international student, having a supportive friend in a new place has been invaluable; and you have been that person for me; and I couldn't have asked for a better friend. l genuinely adore you. 💓

ELIZABETH

BSc Actuarial Studies

Association of Chartered

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To my #SunwayBFF, Aisyah (ACCA),

Hi Aisyah! Thank you so much for

being kind to me for the past few

semesters 🐲 Your presence really add

value to my college life 💞 and not to

forget her twin, Aimie!

Certified Accountants (ACCA)

To my #SunwayBFF, Chloe (BSc Actuarial Studies),

Never would've imagined that she'd be my girl when I first met her. I'm just an ordinary person, yet she always gives me full attention whenever I'm having a hard time. Her support means a lot to me. Words can't express how grateful I am to have such a wonderful sister, even her family is nice to me. The world is full of challenges, but God knows I have the best gift in the world, which is Chloe. I didn't expect to have any best friends when I entered university, but hey, guess what? I met her! I would do anything that I can do to repay her kindness, and I wish her nothing but constant happiness. I really love her so much and I wish I can afford to grab something nice and hang out with her more often, she's been treating me well for the past three years. I hope our friendship lasts forever!

To my #SunwayBFF. lvy (BSc Psychology), I'm always proud of you!

BSc Psychology

VEE

American Degree 🥚 Transfer Program (ADTP)

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NATASHA NG

To my #SunwayBFF, Wong Zi Xin (Monash University Foundation Year),

Three months ago, I never had any high hopes, but today, I can confidently say that I'm so glad that I met you. No matter how down I get, no matter how tough the school environment can get sometimes, you are the reason I still smile despite the bad times. I hope you never change yourself for anyone, and even after you graduate from Sunway, just know that I will always long to see you, my bestie!! 改

VISHAALINI KAMALANATHAN

BSc Psychology

To my #SunwayBFF, Habiba Hassouna (BSc Software Engineering),

Shoutout to my incredible friend, bibaa, bibs 😋 Thank you for always being there and bringing so much joy into my life. You're the best. Just a shoutout to remind you that you're capable of amazing things. Keep your head up and stay awesome, and most importantly keep the fire in your spirit always roaring, inspiring others. I will always admire you for your courage and honesty. Just wanted to give you a shoutout and remind you that this year is your year to find love! (pleaseeeee i beg u to find someone) You deserve all the happiness in the world, and I believe someone amazing is out there waiting for you 😥. Keep shining and let love finds its way to your heart!

STORY HIGHLIGHT

To my #SunwayBFF, Tan Yi Xuen (BSc Finance), Love you beautiful!

> CHOU **QIAN YEE**

BSc Accounting & Finance

TAN

YI XUEN

BSc Finance

To my #SunwayBFF, Chou Qian Yee (BSc Accounting & Finance), I love you too!!!

So, not just on 30th July, make sure to always let your #SunwayBFF know how happy you are to have them in your life. Cherish every moment of your friendship together, making each day brighter and more meaningful!

To my #SunwayBFF, Jing Hui (Monash University Foundation Year), Coming to Sunway College was a whole new experience for me. I was afraid that I'd be too shy to make new friends, yet we connected from

the first time we met. Thanks for taking me out and spending everyday with me, replacing my boredom with lots of laughter and fun.

> JOANNE TING

Monash University **Foundation Year**

Sunway University Tops Times Higher Rankings in Malaysia



Sunway University proudly announces its latest achievement as the No. 1 non-government linked private university in Malaysia. This remarkable advancement is highlighted by the University's incredible leap and performance in the 2024 Times Higher Education (THE) Impact Rankings.

THE Impact Rankings evaluates universities across 125 countries globally based on their performance in achieving the United Nations' Sustainable Development Goals (SDGs). This comprehensive assessment integrates scores across multiple SDGs, showcasing the university's dedication to sustainable development, societal impact, and academic excellence.

Sunway University excelled notably in four SDGs, scoring the top rank for SDG 8 (Decent Work and Economic Growth) and SDG 6 (Clean Water and Sanitation) in Malaysia. The University was also ranked third for SDG 11 (Sustainable Cities and Communities) and sixth for SDG 17 (Partnerships for the Goals) in Malaysia.

This recognition underscores Sunway University's commitment to integrating sustainability into its core operations and curriculum, while fostering a culture of innovation and responsibility among its students and staff. The improved ranking reflects the University's enhanced efforts in areas such as quality education, gender equality, clean energy, and partnerships for the goals.

Professor Sibrandes Poppema, President of Sunway University, stated, "This significant rise in THE Impact Rankings is a testament to our commitment to sustainability, planetary health and the SDGs. We are proud of our staff and students for their dedication and hard work. Sunway University remains committed to driving positive change and contributing to a sustainable future by walking the talk."





Andrea Tan Chiao Pin, a student from School of Engineering and Technolgy (SET), has made us proud at the recent Times Higher Education (THE) Asia Universities Summit 2024. She took part in the fireside chat and spoke about how AI is one of the major disruptors of the job market. Andrea's insightful contributions highlighted the need for educational institutions to evolve and adapt to the changing landscape of the job market.

> SET Student Shines at THE Asia Universities Summit 2024

A huge congratulations to Ng Jing Xuan from the Sunway Foundation Programme (SFP) who has made Sunway incredibly proud at the 2024 ICTSI Philippine Athletics Championships. She clinched silver medals in both the shot put and javelin throw. Her javelin throw of 45.57m sets a new national junior



SFP Student Strikes Silver at the ICTSI Philippine Athletics

AVENUE OF ACHIEVEMENTS

Sunway Debate Club has made history by winning the 2024 Malaysian Nationals University Debating Championship. Held at Universiti Teknologi MARA (UiTM) Shah Alam, Team Sunway triumphed over defending champion University of Malava with a 5-2 split on the motion "This House Prefers Leaderless Movements," A huge shoutout to Raymond Kimura. Tanish Rajah and Sim Yang Ming for their incredible performance.

> **Team Sunway** Wins 2024 Malavsian Nationals University Debating Championship

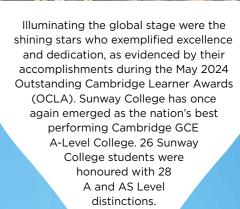


Huge congratulations to Sunway International Schools' (SIS) Bernice Gan for her stellar performance at the 3rd Selangor Invitational Age Group Artistic Swimming Championship where she made a splashing success in the Duet Group B 13-15 and Figure Group B 13-15 categories where she placed first and third respectively.

> Making Waves on the Path to Victory

record for women.

Championships



Sunway College A-Level Celebrates **Excellence with 28** Awards for OCLA

Grade 3 student, Skyler Ong from SIS successfully bagged not just the Gold Award for Grade 4 String (Cello), but also the Silver Award for Grade 5 Piano at the Euroasia Youth Music Festival 2024 Preliminary Round, Even more impressively. he received a Distinction Award for Grade 5 Piano at the World Championship International Music Competition 2024. Malaysia Preliminary Round and has been selected to represent Team Malaysia in the World Championship International Competition Finals in Bangkok, Thailand.



Musical Genius Shines His Wav to International Stage

FORGING A LEGACY OF PARTNERSHIP AND EDUCATIONAL EXCELLENCE

From left: Professor Adam Shoemaker, Vice Chancellor and President of Victoria University and Tan Sri Dato' Seri Dr. Sir Jeffrey Cheah KBE AO, Founder and Chairman of the Sunway Group

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SUNWAY



The gala dinner, held in conjunction with this milestone anniversary, showcased the profound impact and remarkable achievements of the collaborative partnership in shaping the educational landscape in Malaysia. Honourable figures graced the occasion, including Tan Sri Dato' Seri Dr. Sir Jeffrey Cheah KBE AO, Founder and Chairman of the Sunway Group, and Professor Adam Shoemaker, Vice Chancellor and President of Victoria University.



Reflecting on his experience as a business student at the Melbourne campus of this venerable institution, Tan Sri Sir Jeffrey Cheah expressed, "The exposure to wider views, diverse thinking and rigorous debates made a deep and lasting impression on me that I vowed, one day, to make such opportunities available to more young people in Malaysia." The success of the Victoria University @ Sunway programme can be attributed to several distinctive elements in its journey, notably the twinning programme, block model, and Business Challenge units, all of which have equipped students with the skills and resilience needed to excel in today's dynamic workforce.

penir

"Having been with the Victoria University programme at Sunway for 22 years, I proudly affirm our pioneering role in offering the Block Model learning structure," emphasises Dr Jason Cheok, Director of Programme at Victoria University @ Sunway.

"Victoria University holds the distinction of being the first university in Australia and Malaysia, and the largest globally, to adopt this innovative teaching model, inspired by successful practices in North America and Europe," Dr Jason adds.

Reflecting on his journey as a Victoria University alumnus, Founder of Strive, Dickson Pua shares, "As a VU alumnus, the learning journey extends far beyond graduation. We're encouraged to maintain connections with fellow alumni and lecturers, fostering collaboration and celebrating collective achievements. VU's practical approach equipped me to tackle realworld challenges, empowering me to confidently apply my knowledge in my own business endeavours."

Velcome back to the Sunway Stars column

Meet 19-year-old Geoi Ree Gyn, a fellow Sunwayian whose graceful movements and unwavering dedication recently crowned her champion in the amateur solo Latin category at the prestigious Open Worlds dance competition held in Blackpool, UK. Currently studying Bachelor of Information System (Data Analysis) programme, Ree Gyn manages intensive dance practice sessions while maintaining academic excellence.

Let us delve into Ree Gyn's journey, exploring the passion and resilience that led to her remarkable achievement.

When did you start dancing?

RG: I started dancing when I was 3 years old, beginning with ballet, then I moved on to Latin when I was 10. I was later exposed to K-pop dance when I was 12 or 13 years old.

What sparked your interest in dancing?

RG: I grew up watching a lot of music and TV shows. My parents took notice of my interest when they saw me dancing in front of the TV. They later sent me to a dance academy and that was when I developed my passion in dancing.

What keeps you going?

RG: My family. They are my pillar of support. They have been there since day one, following me to every competition that I've participated in, supporting and guiding me through every hurdle. They are the ones driving me to pursue my dream in dancing and I'm so grateful for all that they've done to help me achieve this dream.

How do you balance your time between studying and dancing?

RG: I like being busy. During exam season, I will stay back to do extra revisions, ensuring that I am well-prepared for my tests. Whenever there's a competition, I will put in extra time and effort to train and prepare myself to perform at my best. My lecturers also help with my lecture slides, and I often consult them on topics that I don't understand. Though it can be challenging, I embrace these difficulties as part of the journey to fulfill my dreams.

Where do you see yourself after this?

RG: I want to pursue Latin dance professionally and get trained overseas. After gaining extensive experience and honing my skills, I aspire to become a coach. My goal is to share my passion and knowledge by teaching kids and teenagers, helping them discover the joy of dancing and develop their own talents.



What are your aspirations for the performing arts industry in Malaysia?

Performing arts is not just about entertainment and performing on stage. It serves as a medium to inspire creativity and express the beauty of our culture. They allow individuals to explore and showcase their talents while reflecting the diverse heritage and traditions that define us. I wish the government would recognise the significance of performing arts and provide greater support to the local industry. Increased funding, resources, and opportunities for artists would not only enrich our cultural landscape but also inspire future generations to appreciate arts.

Any words of advice for those who are taking the same path as you?

RG: My advice is to understand the importance of time management. This path can indeed be stressful, but maintaining self-belief is essential. Trust in yourself and your ability to make the right decisions, as you know what is best for you. Stay organised, prioritise your tasks, and remember that with determination and confidence, you can overcome the challenges and reach your goals.

Defining FRIENDSHIPS at this Day and Age



Written by: Poorani Edited by: Ruby

How do you define friendship?

At the age of 3, it was the bond between children close to your age during a family gathering or an event. At the age of 6, it is the friend who shares their favourite snack with you in kindergarten.

At 12, you meet someone at tuition and although you see them once or twice a week, you never seem to run out of things to talk about. At 17, you say goodbye and promise to keep in touch. Now in your 20s, there are new people in your life and while there are still those older friendships that you treasure, some have drifted apart.

Friendship, as it goes, is the foundation for any relationship. A mutual understanding between two parties filled with respect and trust; a solid base for any relationship. It is not an altogether smooth-sailing journey - it can fluctuate, it can break off, it can piece itself back, or just never return. In truth, it rests in how the two parties value and regard it.

The digital age of friendship

Friendships have also evolved over time - while it is more common to develop friendships with those who live near you, it is also not unusual to develop friendships with those far and wide. It first came about by corresponding via letters, best known as 'pen-pal'. Today, it has taken shape in the form of the social media apps that we all have become used to.



Finding people with a common interest has become easier with apps such as Instagram, TikTok, Snapchat, or even Facebook. These apps have brought together friends and rebuilt connections of past relationships.

At times, we may even feel more comfortable talking to strangers compared with those around us. We might feel strangers are less likely to judge us and it is easier to vent your feelings when they do not know you. However, as we all are aware, what we see or perceive on social media is not entirely true. Therefore, it is highly advisable to be cautious rather than divulging all your deepest and darkest secrets with them.

It has become the norm to bond with people online, but there are also concerns that due to the rapidly increasing interactions online, some may lack the social skills to interact with people physically, in turn losing human touch. As such, there should be a semblance of equal interactions, both physically and online. Being an introvert and being reclusive from those around you hold different meanings.

There is also the question of whether friendships relying on social media are truly substantial. People tend to judge that those with more followers are people they have to connect themselves with; mainly to lift their social standing and feel belonged. This can be related to FOMO (fear of missing out), where if one is not keeping up with the latest topics or not updating according to the trends, they will be left out.

Social Cliques

• • •

Social cliques have always been there, just evolving and adapting over time. Today, social media acts as a means of determining whether you are qualified enough to 'sit at the popular kids' table', so to speak. This can be related back to FOMO, where people feel the need to share or post according to a certain manner, to be considered 'in'.

Befriending people solely based on how they appear on social media, would lead to questioning the depth of the friendship. While whatever they share online may seem like they are 'living their lives', behind the screen it may not be what it seems. In a way, befriending someone due to how 'aesthetic' or 'cool' they are perceived as, could be implied as shallow thinking.

Relationships built on a surface level have a higher chance of being broken off earlier too. Just as how easy they find it to strike up friendships, it is as easy for them to simply move on once they feel a person is not fit for them. Social cliques, specifically those that are slightly toxic and popular, have always been like that, and social media plays a part in setting up these so-called standards and trends.

There are also some people who choose to change their entire personality to be part of a social clique. They mould themselves into these perfect personas to appear on social media. As they do so, they lose their identities and often drift apart from childhood friends and people who truly value them.



True Friendships

Frankly, you cannot comprehend what true friendship is until you experience the highs and lows of having friends. It can get messy; you may drift apart and pick things up from where you left off, or you may have a mutual understanding of meeting each other occasionally but still maintain that sense of closeness no matter how far vou are.

However, what needs to be understood is the essentiality of trust and respect. Learn how to treasure those friendships and to not take them for granted. It is not all about the pretty pictures and trendy places, but more of sharing the joy, laughter, tears and rants together. Moments like these are plentiful and beautiful as they come. And even if things no longer work with your friend in the future, remember to treasure them while in the present. Some friendships last a lifetime, some last for a short while, and some meetup disjointedly; that is how life is.

Moreover, look and perceive things with more depth. At the end of the day, true friends are those who stick with you through thick or thin.

Find Out Which Sunway House Student Residence You Should Live In

Beginning your university adventure is a thrilling experience and finding the right place to live is key. Nestled in the vibrant Sunway City, Sunway House Residences provides easy access to campus facilities, dining options, and recreational areas, offering students exceptional comfort, convenience, and a lively atmosphere.





Having my own healing time alone after classes



Having a fun group of diverse friends to hang out with even outside of classes.

I LIKE o

To have various entertainment options in my residence.



To have sports facilities such as a badminton court or a gym.



"There are too

many great housing

options, and I don't

know which one

to choose."

I WOULD PREFER TO .



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A modern and

You might wonder, which

is the best option for me?

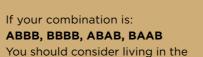
Try this self-test to help

residence is best for you.

you determine which

I LEAN TOWARDS

A comfortable and cozy surrounding.



Sun-U Apartment

Sun-U Apartment has been for years the home of students for its convenience, affordability and safety. Located right behind Sunway University and Sunway College, students will be able to get to class easily with time to spare.





If your combination is: AAAA, ABAA, AABA, AAAB, AABB You should consider living in the

Sunway House Waterfront Residence

Waterfront Residence is a premium student accommodation with a wide range of facilities and amenities that support a vibrant community experience. Located within touching distance of Monash University Malaysia and Sunway University and College, getting to class has never been easier.



Sun-U Residence is the accommodation of choice for all students wanting to experience a 'preview' of young adult living. It features round-the-clock security, strong pastoral care and a management team that is always ready to help with all residents' needs and enquiries.

via accessible public



access other places in



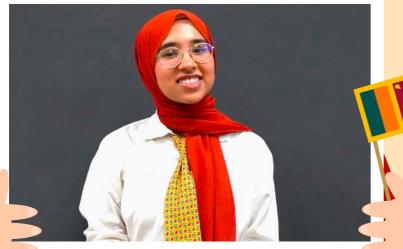


We would like to thank all our Sunway campus F&B tenants and vendors for taking part in the Zero Plastic Hour campaign and pledging to no longer use single-use plastic on campus. We are extremely proud of them for heading this movement together to advance planetary health and sustainability as part of our ongoing #CampusWithAConscience ambitions.

In line with World Environment Day on June 5, a Zero Tolerance policy has been put in place to eradicate single-use plastic from all outlets and

INTERNATIONAL STUDENTS STORIES

ZAFRA USMAN ANFAS



My name is Zafra Usman Anfas, and I am currently studying BA (Hons) in Design Communication. I was born in Sri Lanka, raised in Dubai, UAE and I found myself here in Malaysia in 2019. To me, Malaysia is the best of both my homes: the modernity of Dubai intertwined with the tropical greens of Malaysia.

I started my journey in Sunway as a Monash University Foundation Year (MUFY) student before the global outbreak of COVID-19. During my time in college, I experienced overwhelming support from my lecturers and fellow students. Alongside numerous clubs and societies I wanted to continue working with. I was also eager to return to the 'most happening campus'. Having experienced the exhilaration of the Sunway campus, and the many opportunities it brought me, I felt that this was a place I could flourish.

Taking up design communication was an easy choice for me as I wanted a degree that boasted fun courses. Stepping into the School of Arts, I was welcomed by fun and knowledgeable lecturers who brought something new and exciting to every lecture.

Sunway University's external projects have also been a great source of growth for me. As part of the SPRINT for Innovation (2023) project, I was able to embark on a year long journey through the power of design in the spectrum of sustainability. Such opportunities have not been rare, my university inbox is always stacked with new chances



for me to grow, and my classes are filled with students and lecturers who support and aid in this growth, and I have never once taken that for granted.

From the moment I arrived, to this day, I have faced numerous challenges, all of which have pushed me to see myself as I am, to grow as a person and to learn to overcome challenges and adversities. In a place so culturally diverse, I found myself surrounded by an array of people so different from myself. It nourished my life, making me confront my own prejudices while also having invigorating conversations about things I thought were simply

the norms. Perhaps most markedly, was me being a person who took everything very seriously, I found the 'just chill lah' lifestyle jarring. Now, I advocate for it in Sri Lanka, 'sometimes you just gotta chill lah!'

From here in Malaysia, to the Maldives, Japan, India, Qatar, I have established a close-knit group of designers, marketing managers, business analysts, and food scientists. As I step into the world of entrepreneurship, these are all people who I hope to hold close even as we complete our studies and embark on our own journeys.

To be studying and living around a campus with so much going on is a treasure chest of possibilities. Just one event, one project, one workshop could steer us towards a plethora of opportunities and experiences that we will treasure for the rest of our lives. By making it here on our own, we have already taken a big leap; everything else is just a smaller step. But do not underestimate, for as Neil Armstrong said, "That's one small step for man, one giant leap for mankind."



My name is Soe Moe Htet and I am from Myanmar. I am currently enrolled in American Degree Transfer Program (ADTP), majoring in Finance.

My journey in Malaysia began in 2023. My friends and I have planned to study in a country close to home before furthering our studies in America. After much research, we found out that Sunway offers a 2+2 ADTP program, allowing us to complete the first two years of our undergraduate degree in Malaysia before pursuing the remaining two years of our studies in America.

Furthermore, the student community here is very vibrant, providing students with a variety of clubs and societies for us to take part in. The location of Sunway University is another major advantage. Situated in the bustling township of Bandar Sunway, the campus is surrounded by a lively and dynamic environment. This blend of high-guality education, supportive student community and a lively surrounding environment made Sunway University an obvious choice for us.

Sunway University has helped me improve both my physical and mental skills and performance. The vibrant and engaging atmosphere, along with the support from dedicated lecturers, have motivated me to study more effectively. The state-of-theart facilities and extensive resources here have also helped to enhance my academic growth and aspirations.

As an international student living in

Malaysia, my experience has been enriching and transformative. The weather is nice and the people here are very friendly and accommodating, making it easy for me to adjust to this new place. Malaysia being a vibrant and multicultural country has also allowed me to immerse myself in a diverse cultural landscape.

I will be transferring to an American university for the remaining two years of my program. My primary goal after graduation is to apply the knowledge and skills I have acquired to build a successful career in my chosen field. I aim to leverage the practical experiences and industry connections gained during my time at university to secure a position at a reputable company where I can contribute meaningfully and continue to learn and grow professionally.

I encourage other international students to embrace the experience by immersing yourself in the local

SOE MOE HTET

culture and environment, trying new foods, and participating in local events. It is important to stay organised by managing your time well and keeping track of your academic responsibilities. Never hesitate to seek support from university services like academic advising and counselling when needed. Additionally, build a network by connecting with both local and international students through clubs, societies, and professional networks.

EMPOWERING FUTURES

A Journey of Education, Scholarship, and Contribution

Jagadesan Chandra Mohan

BSc (Hons) Information Technology, 2009 Founder & CEO of MyHealerDoc (Mitra Healthtech Sdn Bhd)

As I reflect on my journey through university, supported by the Jeffrey Cheah Foundation Community Scholarship, and now thriving in my career, I realised the profound impact both my academic programme and the scholarship have had on shaping my path forward. I am grateful for this opportunity to share how my university programme and scholarship have influenced my life and career, and hopefully share the insights I have gained with aspiring scholars and alumni alike. My university programme laid a solid foundation for my career by imparting not only theoretical knowledge but also practical skills essential for the workplace. One exemplary instance of this was during my final year project, where I developed a Hotel Management System for a hotel in Cameron Highlands. This experience not only honed my technical skills but also taught me valuable lessons in project management, communication, and teamwork - all crucial for thriving in any professional environment.

I was one of the pioneer students who was given the opportunity to study at Sunway University and sit for exams accredited by Lancaster University, UK. The experience was very profound as the transition was very smooth and many academic staff assisted us to perform better in our studies. While I was studying, I was working with Philea Home in Kapar to set up a computer lab for them and taught them an introductory course on Microsoft Office.

The programme not only equipped me with skills for employment but also instilled in me a sense of responsibility towards society. Through various community engagement initiatives facilitated by the university, I found avenues to contribute meaningfully. Whether it was volunteering for local charities, participating in community decision-making processes, or leveraging social networks for positive change, my university experience broadened my perspectives and navigate the complexities of the workplace but also empowered me to tackle challenges in my life with confidence and resilience.

The Jeffrey Cheah Foundation Community Scholarship provided me with invaluable support, enabling me to strike a balance between academic pursuits and other commitments. With the financial burden alleviated, I could fully immerse myself in my studies while also engaging in extracurricular activities, community service, and personal development endeavours. This balance, facilitated by the scholarship, was instrumental in shaping my holistic growth during my university years.

Looking back, the Jeffrey Cheah Foundation Community Scholarship was nothing short of life-changing. It not only granted me access to quality education but also opened doors to opportunities for personal and professional growth. The ripple effects of this scholarship extended far beyond my university years, shaping the trajectory of my life and instilling in me a profound sense of gratitude and responsibility towards giving back to society.

nurtured a spirit of service within me. Upon graduating, I assisted one of the students from Philea Home to complete her higher education. In addition, I came back to Sunway University to contribute via the Jeffrey Cheah Foundation and to serve as an External Advisory Board Member for the American Degree Transfer Program. I realised that much of my leadership skills were found and finetuned in Sunway University, and every time I am back on campus, I always learn new things.

The skills acquired from my programme not only benefitted my career but also enriched my personal life. From gaining entrepreneurial skills to fostering effective teamwork, my university journey equipped me with a versatile skill set that transcends professional boundaries. These skills have not only helped me As a community scholar who has successfully navigated the transition from academia to the workforce, my advice to my juniors is simple: seize every opportunity, embrace challenges as learning experiences, and never underestimate the power of perseverance. I wish for them to approach their respective journeys with humility, resilience, and a deep sense of purpose, knowing that each step they take contributes not only to their personal success but also for the betterment of society. One piece of advice that I always

tell my juniors is to pick your friends wisely because your environment shapes you. So, choose wisely and you will excel in life.

SUNWAYIAN 18

SUNWAY ALUMNI

As an alumni donor contributing to the same scholarship that had once supported me, I hope to see future generations of scholars benefitting from similar opportunities. I envision an alumni community actively engaged in nurturing the next generation of leaders, fostering a culture of giving, and paying forward the support they once received. Together, we can create a legacy of impact that transcends individual achievements and empowers future generations.

In my current role, I am privileged to serve as the founder of MyHealerDoc, a digital healthcare platform designed to revolutionise the way patients access wound care specialists. Our platform connects patients with qualified healthcare professionals, providing convenience, accessibility, and personalised care. Through MyHealerDoc, we aim to support the community by addressing the critical need for timely and efficient wound care management, thereby enhancing patient outcomes and quality of life.

One significant challenge I faced in my role was navigating the complexities of the healthcare industry and overcoming scepticism surrounding the adoption of digital platforms. Through strategic partnerships, relentless perseverance, and a deep commitment to our mission, we were able to garner support, build trust, and position MyHealerDoc as a trusted ally in the healthcare ecosystem. Our accomplishments

include becoming a Top 20 Startup in SAP 5th Cohort, being recognised as Successful Person in Malaysia & Singapore by British Publishing House, 30 Stars of Sunway, and most importantly, positively impacting the lives of patients in need.



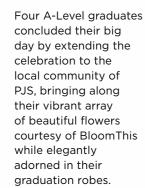
In conclusion, my journey thus far has been shaped by the transformative power of education, scholarship, and community engagement. As I continue to evolve and grow, I remain committed to paying forward the support I once received, empowering future generations and leaving a legacy of impact.

🎹 CWAC AT A GLANCE 🌑



In the true spirit of giving and love, our University and College students personally delivered 280 Christmas gifts to children in local orphanages and refugee homes, including Rumah Hope, Rumah Juara, and ElShaddai Refugee Learning Centre (ERLC). The heartwarming Wishing Wall project encourages young minds to give back to their surrounding communities.









Sunway is embarking on a long-term and multipronged project to address urban poverty and community challenges, foster educational advancement, and promote research and development initiatives in Desa Mentari. Representing Sunway Education, Professor Sibrandes Poppema attended the Back-2-School Programme to support the community with the gift of new school uniforms and shoes for the kids.

In collaboration with the Southeast Asia **Regional Centre for** Counter-Terrorism and the New Zealand High Commission, "More than Just a Game" featured an inspiring discussion with New Zealand double World Cup rugby winner, Sonny Bill Williams on bridging peace and development among Malaysia's young



Committed to tackling the widespread use of electronic gadgets without proper disposal, the eWaste disposal campaign was kicked off with the promotion of a permanent 'Larger eWaste Collection Bin' placed at the University's Recycling Corner to encourage more students and staff to dispose bigger-sized eWaste such as laptops, notebooks, computers, mini printers, network devices and small home appliances.





Sunway University has taken a proactive stance in the fight against plastic pollution with the launch of our Zero Plastic Hour campaign. Reflecting our dedication to creating a healthier and more sustainable environment, the campaign aims to raise awareness about the detrimental effects of single-use plastics on the environment, wildlife and human health. With the implementation of a Zero Tolerance policy enacted on 5 June 2024, vendors have pledged to cease the use of single-use plastics from all campus outlets and vending machines.

Initiatives run by the Facilities Services in collaboration Sunway Material Smart Science & Engineering Cluster, including educating stakeholders on reducing food waste and collecting dry food waste from the cafeteria tenants to be composted, have played a pivotal role in diverting 4% waste from the landfill. The team also identified an impactful opportunity involving local communities by distributing a total of 250kg of our produced organic compost to USJ 17/2 and USJ 11 communities.



SUNWAY EXAMINATION SERIES 2024

MERDEKA

Paper 1 Kertas 1

- 1 Hour 1 Jam
- 1. This examination paper consists of 2 sections: Part 1 and Part 2 Kertas peperiksaan ini mengandungi dua bahagian: Bahagian 1 dan Bahagian 2
- 2. Answer all of the questions Jawab semua soalan

- 1. When is Malaysia's day of independence?
 - A 16 September 1963
 - **B** 31 August 1957
 - C 25 July 1987
 - **D** 26 May 1950
- 2. The Malaysian flag, Jalur Gemilang, is a symbol of unity, diversity, and national pride, representing the rich cultural heritage and aspirations of the Malaysian people. What do the 14 alternating red and white stripes of the Jalur Gemilang represent?
 - A The membership of the 13 states and the federal territories
 - В The royal colour of the Malay rulers
 - С The unity of Malaya with the Commonwealth countries
 - D The honour of the 14 heroes in Malaysian history
- 3. Which of the following is not the Rukun Negera (National Principles)?
 - A KEDAULATAN UNDANG-UNDANG Rules of Law
 - **B** KESETIAAN KEPADA RAJA DAN NEGARA Loyalty to the King and Country
 - C KESOPANAN DAN KESUSILAAN Courtesy and Morality
 - **D** KEHORMATAN TERHADAP SEMUA INSAN Respect for all Humanity
- 4. Which intergovernmental organisation Malaysia is not part of?
 - A Commonwealth of Nations
 - B APEC (Asia-Pacific Economic Cooperation)
 - **C** EU (European Union)
 - D ASEAN (Association of Southeast Asian Nations)

Bahagian 2

5. Complete the answer with your own thoughts.

What is your favourite memory growing up as a child in Malaysia? Provide an explanation.

KERTAS PEPERIKSAAN TAMAT

3108/1

Part 1 Bahagian 1 Questions 1 to 4 are based on your general knowledge about Malaysia.

------ Part 2 -----

Part I answers: I. (B) 2. (A) 3. (D) 4. (C)

Lucky Seventh Win for Sunway International Schools

Constantly breaking new barriers, Sunway International Schools (SIS) clinched the prestigious Platinum Award under the Private/International Schools category at the 2024 Reader's Digest Trusted Brands Awards. The recognition serves as a testament to the unwavering trust and confidence of consumers, as reflected in the 26th Annual Most Trusted Brands survey.

A uniquely independent survey, the Trusted Brands survey is one of the oldest and most esteemed consumer surveys globally with its Platinum Award recognising global outstanding brands according to consumers' perception.



SIS Principal, Mr. Richard Cherry expressed immense gratitude to students and parents alike for the trust and support that led to the remarkable achievement. Together with the collective effort of the staff as well, SIS remains steadfast in its commitment to constantly strive for academic excellence and uphold the highest standards of integrity.

> This latest accolade also continues the esteemed institution's winning streak - having previously won in 2015, 2016, 2018, 2020, 2021 and 2022 - further solidifying the School's position as a leading educational institution in nurturing minds, building characters as underscored by the trust of its community.





Welcome Sunwayians, to an exciting scavenger hunt! Embark on a quest to find our beloved Sun Bear siblings, Samson and Sophia, who are hiding somewhere in their lush habitat.

Look carefully at every nook and cranny, paying attention to the details that might give away their hiding spots.

SUNWAYIAN 22



Back in ancient times, the Olympics were lit! Like, literally. During the Games, a flame blazed in honour of the goddess Hestia was first debuted in the 1928 Amsterdam Summer Olympics Games.

The concept of the Olympic flame draws inspiration from ancient Greek customs, where a sacred fire, akin to Prometheus's mythological theft from the gods, burned throughout the ancient Olympic festivities at the sanctuary of Hestia. In Greek mythology, fire held divine significance, symbolising enlightenment and connection to the gods. Many ancient Greek sanctuaries, including those at Olympia, housed sacred fires, reigniting the belief in divine presence.

Many ancient Greek sanctuaries, including those at Olympia, had sacred fires. Every four years, during the Olympic Games honouring Zeus, fires were also lit at his temple and that of his wife, Hera. Today, the modern Olympic flame is ceremonially ignited biennially in the presence of the ruins of Hera's temple, carrying forth the tradition with reverence and historical resonance.

The torch flame is always ignited by the sun in Olympia, Greece, the birthplace of the first Greek Games. From there, it embarks on a monumental international relay, passing from torch to torch until it reaches the host city. Unique torch designs are crafted for every Olympics, with thousands of copies produced. Being selected as a torchbearer is a tremendous honour, and many inspirational individuals are chosen for this role each time.

Lit Olympic torches have flown on planes, stayed ignited underwater, and scaled Everest! Some unlit torches have even gone into space.

Check out a few of the most memorable cauldron lightings in the past Olympic opening ceremonies:

Flaming arrow at the 1992 Summer Olympics in Barcelona

During the 1992 Summer Olympics, organisers had the idea to light the torch by a flaming arrow. Antonio Rebollo, a Spanish Paralympian, was chosen out of a field of 200 archers to be the one to shoot the arrow. A remarkable cauldron lighting ceremony unfolded as the Paralympic archer sparked the cauldron by shooting a burning arrow over it, igniting the gas rising from within.

Ski jumping at the 1994 Winter Olympics in Lillehammer

At the Opening Ceremony of the 1994 Winter Games in Lillehammer, the Olympic Flame was to be skied down the ski jump at Lysgårdsbakken before lighting the Cauldron. Originally assigned for the task, Ole Gunnar Fidjestøl, the 1988 Olympic bronze medallist, got injured in a practice jump two days prior. His backup, Stein Gruben, took over. After a jump of approximately 70 metres, Gruben passed the Torch to visually impaired athlete Cathrine Hazel Ingnes, Ingnes, who represented Norway in cycling and crosscountry skiing at the Paralympics, then circled the arena with the Torch before handing it to Crown Prince Haakon Magnus, who ultimately lit the Olympic Flame.

THE OLYMPIC TORCH TALES

"DID YOU KNOW?" SERIES

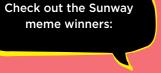
Running on air at the 2008 Summer Olympics in Beijing

Li Ning, a former Olympic gymnast from China, soared through the air to light the Olympic Flame during the Opening Ceremony. Suspended by wires, Ning created the illusion of walking on air as he circled the stadium's top with the torch. Video highlights of the torch relay in China played behind him as he made his way around the stadium. Eventually, Ning halted and ignited a metal rope that transported the torch to the cauldron.

The Witty Winners

Congratulations to the witty winners for their 'Win with Wit' entries in our May-June Sunwayian issue. Let's all keep spreading sunshine and laughter throughout the Sunway community.









Athapaththu Mudiyanselage Seniru Thejana Athugalpura Bachelor's in Chemical Engineering Ma going to the sunway librarys

Vibe



Firhan Shahazil Association of Chartered Certified Accountants (ACCA)



Donft you dara miss classes



Tan Yuan Shin Bachelor's in Business Studies

Yourre learning human anatomy and you see this happening in the labs



Lim Huey Xin Bachelor of Science (Honours) Biomedicine

This is how books çio on a vacationi



Wong Ann-Chi Cambridge GCE A-Level



Teh Susu dengan Gula Perang

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